

## Supplementary file 1

**Table S1.** Irritable Bowel Syndrome (IBS) Questionnaire

<p>How often did this discomfort or pain get better or stop after you had a bowel movement?</p> <p>When this discomfort or pain started, did you have more frequent bowel movements?</p> <p>When this discomfort or pain started, did you have less frequent bowel movements?</p> <p>When this discomfort or pain started, were your stools (bowel movements) looser?</p> <p>When this discomfort or pain started, how often did you have harder stools?</p> <p>In the last 3 months, how often did you have hard or lumpy stools?</p> <p>In the last 3 months, how often did you have loose, mushy or watery stools?</p> <p>In the last 3 months, how often did you feel that you had to rush to the bathroom as soon as you got the urge to have a bowel movement?</p> <p>In the last 3 months, how often did you feel bloated?</p> <p>In the last 3 months, how often did you feel that your abdomen/belly was actually distended?</p> <p>In the last 3 months, how often did you feel that you had a problem with passing too much gas?</p>
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